**AD Meeting**

1. Go to <https://lincolnwoodathletics.weebly.com>
2. Click on menu
3. Click on Athletic Director’s Meeting
4. Click on AD Meeting Presentation
5. Watch presentation through the last slide
6. Fill out the forms
7. Click submit
8. Download the paperwork and fill it out and return to Athletic Director Josh Stone
   1. High School Forms
      1. Attendance and Assumption of Risk – all must do this year
      2. Medical Form – only for new students and 6th graders unless medical info has changed
      3. IHSA Form – only for freshman and new HS students
      4. Social Media Exemption Waiver – only for 6th graders and new students if you already have one on file
   2. Junior High Forms
      1. Attendance and Assumption of Risk
      2. Medical Form
      3. Social Media Exemption Waiver